



## Physical Education: developing the understandings, ideas and strategies for getting children active in line with the P.E. curriculum



This **self-paced on-line course** focuses on providing teachers with ideas, approaches & strategies for developing childrens' abilities in athletics, game playing, gymnastics & dance, outdoor & adventure pursuits and in fostering aquatic competence.

The on-line format of the course enables you to **study when and where you want** to learn. Content is divided into 5 modules which you can complete in any order **between July1st and August 28th 2009**.

Participants are encouraged to interact with one another using the communication tools (forum, chat, e-mail) provided by the CPD College learning system. Active facilitation throughout the course provides expert interaction, guidance and feedback for all participants. Assignments and questions which call for critical reflection, self-analysis and a reasoned response punctuate this highly interactive web based course.

On completion of the course the participant will be presented with their own time record, exercise content and approval by the course facilitator as their CPD record to keep.

**All courses are DES approved for EPV days**

**Places are limited - register now to avoid disappointment.**

**How to register:** [click here to register now](#)

**Cost:** €99



### Learning outcomes:

Through engagement with the core course content and through the sharing of successful teaching approaches within the discussion forum, the knowledge and insights gained by participants will inform the planning, structure and delivery of their practical Physical Education scheme of work in the coming year.

### Modules:

01 - To examine the important **lifelong place of physical education** in a child centred curriculum.

02 - To provide ideas, approaches and strategies for developing childrens' **athletic abilities**.

03 - To provide ideas, approaches and strategies for developing childrens' game **playing abilities**.

04 - To provide ideas, approaches and strategies for developing childrens' abilities in **gymnastics and dance**.

05 - To provide ideas, approaches and strategies for fostering childrens' abilities in and **appreciation of outdoor & adventure activities** along with an understanding and **appreciation of aquatics**.

**Course duration:** 20 hours

**Accrediting body:** Department of Education and Science

**Type of accreditation:** 3 EPV Days